



Overcoming Negativity Within The Committee

# BE POSITIVE

Ensure that there are principles that encourages positivity so that the committee operates out of hope and not of fear.

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# BE TRANSPARENT

Disengagement can arise when certain people are left out of the loop. Counteract this by being transparent. This will also help you fight off early seeds of negativity.



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# HAVE FUN!

A good way to combat negativity in a committee is to create events and activities that will excite members. Being too serious can be draining and tiresome. Spice things up with small lunches and team building getaways.



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# INNOVATE

Bust out negativity within the committee by encouraging innovation and change. Let members propose changes to issues that bothers them or awaken their minds and motivate them by spearheading innovations.



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# BAD APPLES

There will be members who are just bound to promote negativity in the group and sometimes it is best to cut them loose. Be willing to let go because negative people are poisonous and attract others to become negative as well.



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# HEALTHY CONFLICT

Encourage healthy debates and conflict on issues. Contrary to regular conflicts, healthy conflict aims to increase ones understanding of the position of others. The final goal is to learn from each other and come up with the best solution.





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# INVITE OPTIMISTS

Build a committee with members who are naturally upbeat and positive. Get members who represent the positive qualities that you value as a committee and as an organization.





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## REFRESH & REVIEW

Reiterate the values and policies of the committee that are in line with the organization. Stress on the importance of working together to achieve your goals and targets.